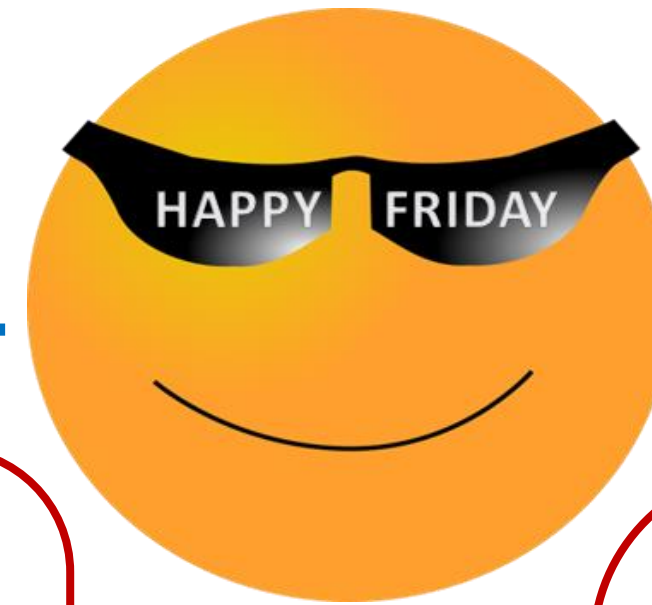


Working on the Weekend Plan: The Happy Friday Project



Dr Arjun Gowda
Dr Kathleen Houlton
Dr Yan Raines
Mentor: Dr Kassem Safwan

United Lincolnshire Hospitals **NHS**
NHS Trust

The Problem and the Evidence

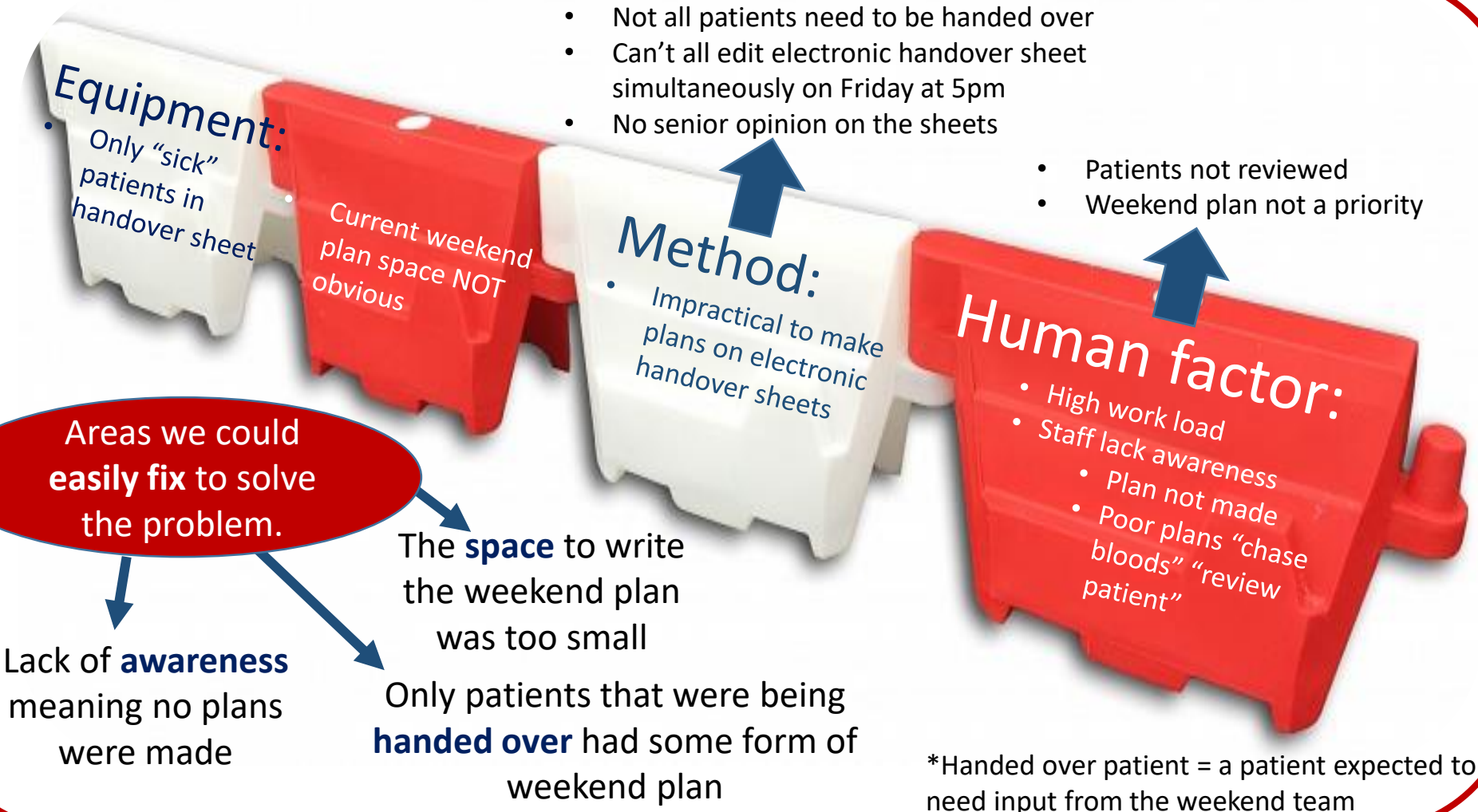
Every patient is cared for by another medical team at the weekend.
80% do NOT have written weekend plans.
This causes incorrect treatment, avoidable errors and delays discharge.

"The transfer of a patient to the care of the oncoming team is the point at which the patient is **most vulnerable** on their journey through the health care system." RCS Safe Handovers 2007



We thought it was a problem, but what caused it?

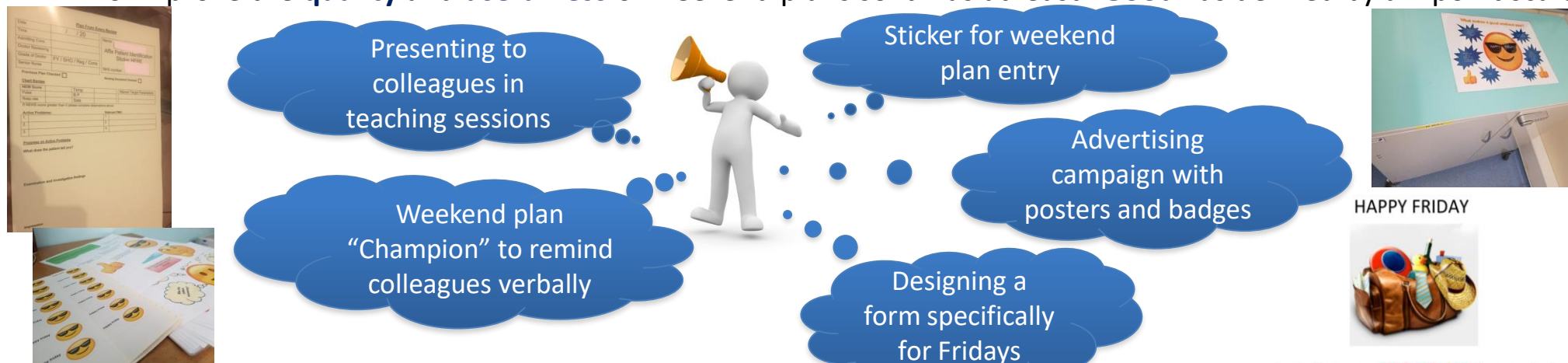
Locating the Problem: Finding the Barriers to Progress



The Baseline, our Aims and Ideas to Create Change

Baseline: 80% of patients didn't have a weekend plan and only 14% of those handed over had a plan

Aim: - 100% of patients on wards 1, 2 and 6 in Grantham Hospital to have a weekend plan by the end of the project
- To improve the **quality** and **usefulness** of weekend plans so it was at least "Good" as defined by a 4 point scale



What did we do to improve the problem?

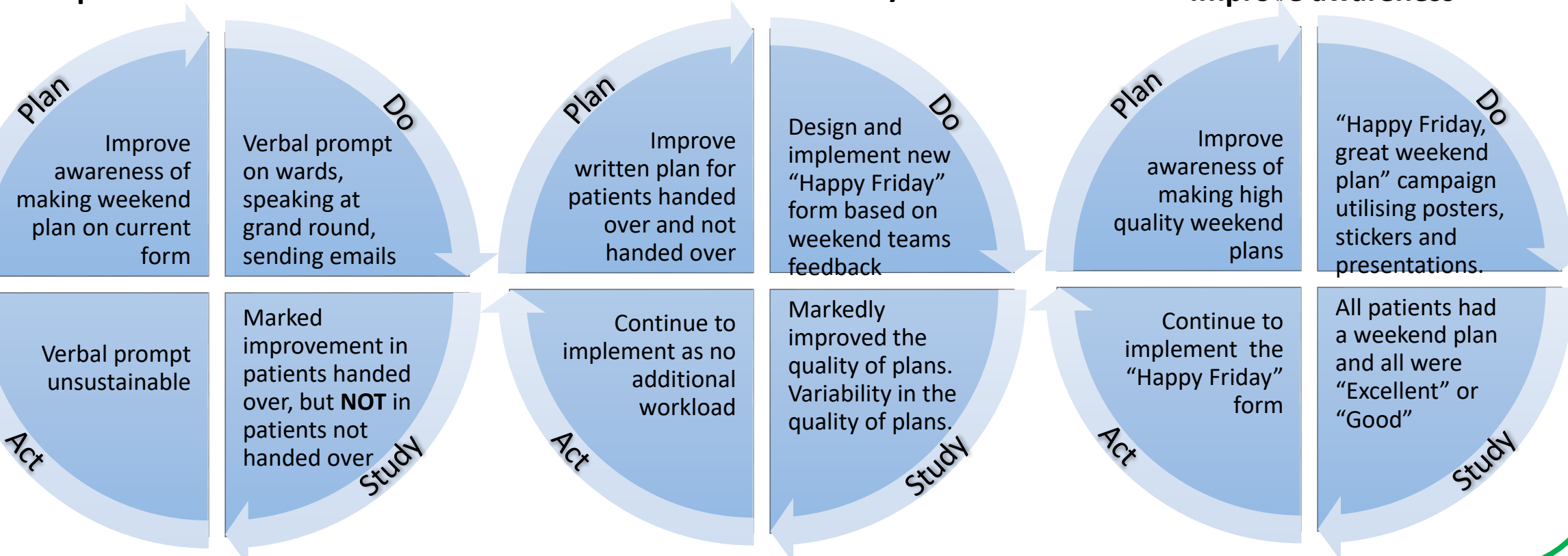
Did our changes work?

The Changes we Implemented

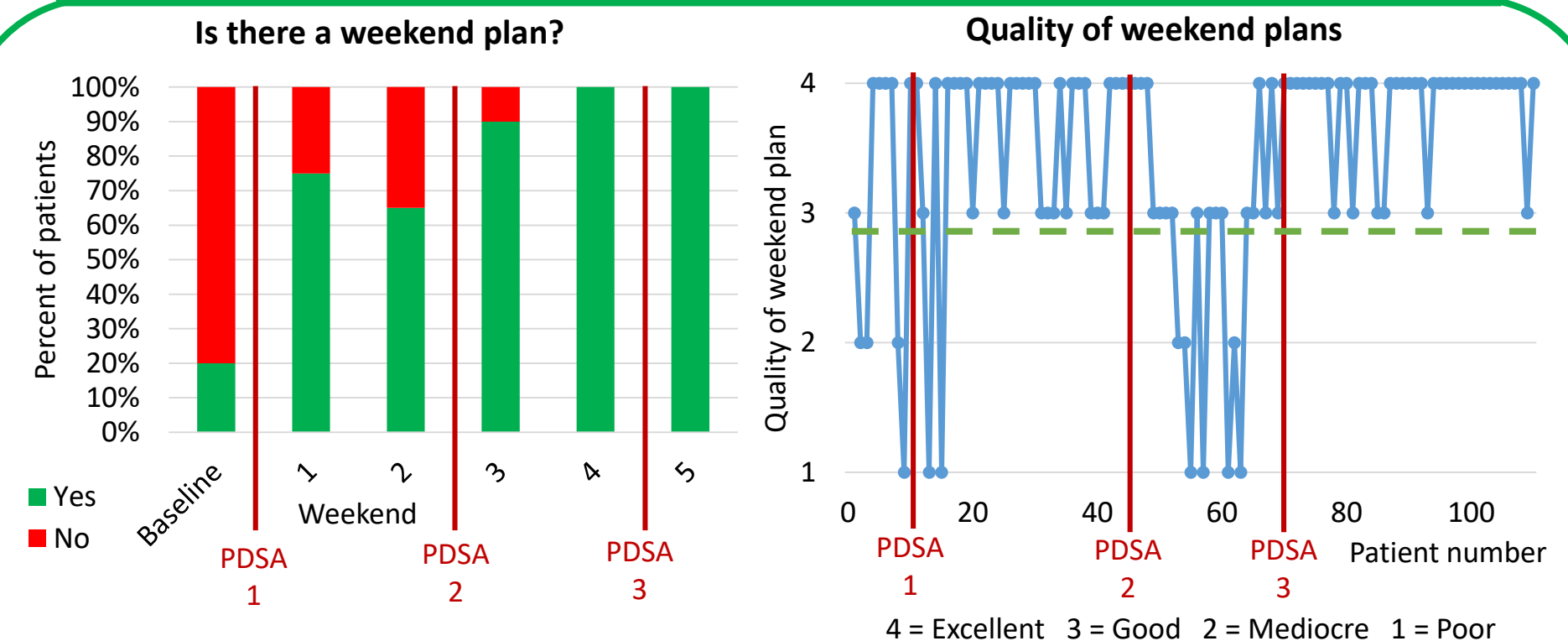
PDSA 1
Improve current form use

PDSA 2
New form for Friday

PDSA 3
Improve awareness



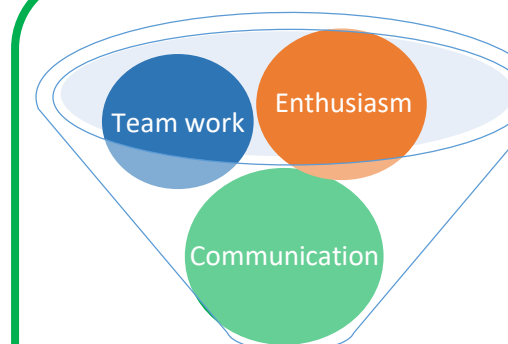
Results



- 100% of patients had a weekend plan at the end of the project.
- After PDSA 3, all plans were rated at least "Good" with little variability

Reflections

What did we learn?



- It is **possible** to navigate around complicated **trust policies**
- It's important to **involve** key stake holders and show them the **impact** a change can make
- Giving **positive reinforcement** to colleagues who help to implement changes goes a long way
- One should look at all the contributing factors to help **focus** where to **aim** an intervention

The Future?

- "Friday form" to go live in all of **Grantham**
 - Clinical director keen to implement
- Roll out across the **trust**
 - Ongoing discussion with CEO of trust